



Nebraska Healthy Schools Program

**VIRTUAL WHOLE
CHILD CONFERENCE
OCTOBER 20, 2020**

Conference Sessions:

Register Today!

<https://bit.ly/3hG52gN>

8:30 am to 12:30 pm

Keynote- Strengthening Schools:
One Relationship at a Time
-March Schumacher

Breakout Session Topics-

- Staff Self-Care and Well-being Strategies for Staff
- Health Services: COVID Resources for the Health Office
- Physical Activity resources
- Fitting in Fitness for Secondary Students
- Farm to Schools & Child Hunger Programs
- Suicide Prevention
- Supporting the Whole Child in Out of School Programs

- School and ESU staff, public health professionals and health advocates are invited to join their peers to learn about best practices in promoting the well-being of staff and students.
- National speakers & local experts on staff well-being, nutrition promotion, health services, mental health and physical activity will provide tools and resources to support a whole child focused school environment.
- Questions- contact jessie.coffey@nebraska.gov

**Recognize 32 Nebraska
schools who received the 2020
Healthy Schools Recognition
Award!**



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